

THRIVING TEENS:

PARENTING FOR POSITIVE GROWTH

*A lunchtime or evening series with the
Parenting Institute of the NYU Child Study Center*

Wednesdays 11:30 am to 1:00 pm
November 5, 12, 19, December 3, 10

Roslyn High School –Adult Education

OR

Thursdays: 7:30 pm to 9:00 pm
November 6, 13, 20, December 4, 11

Willets Road School

455 I.U. Willets Road/Roslyn Heights

East Williston
Roslyn
Community
Coalition
for
Drug-Free
Youth

est.
2006



NEW YORK UNIVERSITY
CHILD STUDY CENTER

\$50.00/5 sessions Preregistration is required

The Coalition is pleased to present the Parenting Institute of the New York University Child Study Center's 5-session series to help parents keep children substance free and healthy in every way. The program, specifically for parents of middle-school students, helps parents meet the challenges of raising teens in the modern era. The program shows parents how to:

- (1) Build and maintain a positive relationship with their teens;
- (2) Use effective guidance and discipline;
- (3) Understand the developmental challenges teens' face;
- (4) Improve parental problem-solving skills; and
- (5) Teach their teens effective problem-solving skills and practical means to refuse substances.

The program aims to help parents of 11 to 14-year-olds learn to reduce risky behaviors in youth. The series is built on the most recent research on what parents are able to do to maintain a positive relationship with their teens & what efforts keep teens on a healthy path.

For more information contact the Coalition:

Kathi Kassover, LCSW: 484-7020 • Leslie Lewit-Milner, LMSW: 484-5218 • Margaret McArdle: 248-1587
Cathy Samuels: 248-3489 • Mindy Sherman: 484-6949 • Sheryl Yarmus: 625-9320

() YES, I will attend the Thriving Teens 5 Part **LUNCHTIME** Series

() YES, I will attend the Thriving Teens 5 Part **EVENING** Series

NAME: _____

ADDRESS: _____

EMAIL: _____ PHONE NUMBER: _____

ENCLOSED IS MY CHECK FOR \$50.00

MADE PAYABLE TO

East Williston/Roslyn Community Coalition for Drug Free Youth, Inc.

PLEASE MAIL TO EWRCC, PO BOX 63, WILLISTON PARK, NY 11596-9998